

Infant and Toddler Nutrition Consultation – Summary Report



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1 INTRODUCTION

This consultation set out to seek views on the proposed changes to the Derbyshire Healthy Families Service.

Derbyshire Community Health Services NHS Foundation Trust (DCHS) currently delivers the Derbyshire Healthy Families Service, offering breastfeeding support in the first few weeks of a baby's life to Derbyshire residents (excluding Derby City) using a peer support model. The service also delivers weaning groups and offers other support around infant and toddler nutrition. The Derbyshire Healthy Families service is delivered as part of the Infant and Toddler Nutrition contract which is commissioned by Derbyshire County Council Public Health.

On 1 April 2023, this service will be transferred into a Section 75 Partnership Agreement between the Council and DCHS. As part of this process, a new service delivery model has been developed with DCHS (including staff who deliver the current service), to help improve the service. This consultation set out to seek views on these proposed changes.

This report provides a summary of the quantitative findings of the consultation.

2 BACKGROUND

Following a public consultation exercise in February/March 2022, Cabinet approved the decision on 16th June 2022 to transfer the Infant and Toddler Nutrition contract (Derbyshire Healthy Families), as well as the Oral Health Promotion contract (another service commissioned by Public Health) into the existing Section 75 Partnership Agreement between the Council and DCHS for the delivery of the 0-19 Public Health Nursing service (health visiting and school nursing). As part of this process the Council and DCHS (including members of staff who deliver the current Infant and Toddler Nutrition contract) have reviewed the current service delivery model. As a result, two significant changes to the way the current service is delivered have been proposed. It is for this reason why a second consultation exercise has been undertaken to seek views on the two changes proposed to the Derbyshire Healthy Families Service. The two changes proposed are to:

1. Offer a more flexible approach to breastfeeding support based on the needs of the clients
2. Stop delivering weaning groups as part of the Derbyshire Healthy Families Service

Public Health SMT approved permission to undertake a joint consultation exercise with DCHS on the proposed changes to the Derbyshire Healthy Families Service on 19th October 2022.

The consultation ran for 36 days from 25th October 2022 to 29th November 2022. An online questionnaire was available on the [Have Your Say Page](#) of the Derbyshire County Council website, paper copies were available on request.

3 RESULTS

There were 182 responses to the consultation.

3.1 Question 1

Most respondents (88%) stated they lived in Derbyshire, and 19% stated they worked in Derbyshire (Figure 1).

Figure 1 - 'Are you answering this questionnaire as:'

| | Count | % |
|--|-------|-----|
| A Derbyshire resident | 161 | 88% |
| A Derbyshire business owner | 10 | 5% |
| A person who works in Derbyshire | 35 | 19% |
| A representative of a local group/organisation | 11 | 6% |
| Other | 4 | 2% |
| Respondents | 182 | |

*Respondents could select more than one option

3.2 Question 2

51% of the respondents stated they worked for 'None of the above' organisations/settings. 23% worked for an NHS organisation.

Of those that responded as other, 10 respondents stated their employment. Of these, 3 worked for the charity sector.

Figure 2 - 'Do you work for any of the following:'

| | Count | % |
|--|-------|-----|
| An NHS organisation | 42 | 23% |
| Derbyshire County Council, or a local district/borough council | 14 | 8% |
| An Early Years setting | 6 | 3% |
| A school | 22 | 12% |
| Other | 13 | 7% |
| None of the above | 93 | 51% |
| Respondents | 182 | |

*Respondents could select more than one option

3.3 Question 3

Most of the respondents (57%) had used the Derbyshire Healthy Families service during the past 5 years. 31% had not, and 13% were not sure whether they had (Figure 3).

Figure 3 - 'Have you used Derbyshire Healthy Families at any time during the past 5 years?'

| | Count | % | |
|-------------|-------|-----|---|
| Yes | 103 | 57% |  |
| No | 56 | 31% |  |
| Not sure | 23 | 13% |  |
| Respondents | 182 | | |

3.4 Question 4

49% of respondents had a close family relative or friend who had used the Derbyshire Healthy Families service in the past 5 years. 26% of respondents had not, and 25% were not sure (Figure 4).

Figure 4 - Has a close family relative or friend of yours used the Derbyshire Healthy Families service in the past 5 years?'

| | Count | % | |
|-------------|-------|-----|---|
| Yes | 89 | 49% |  |
| No | 47 | 26% |  |
| Not sure | 46 | 25% |  |
| Respondents | 182 | | |

3.5 Question 5

43% of respondents were accessing the Derbyshire Healthy Families service when they completed the survey or had accessed the service in the previous 3 years. 46% were neither accessing the service at the time nor had accessed it in the past 3 years (Figure 5).

Figure 5 - 'Are you currently accessing or have accessed the Derbyshire Healthy Families service in the past 3 years?'

| | Count | % | |
|-------------|-------|-----|---|
| Yes | 79 | 43% |  |
| No | 84 | 46% |  |
| Not sure | 19 | 10% |  |
| Respondents | 182 | | |

3.6 Question 6

88% of respondents agreed or strongly agreed with proposals to continue offering expectant mothers breastfeeding advice and support in the antenatal period. Of these, 69% strongly agreed. 9% of respondents disagreed or strongly disagreed with the proposals (Figure 6).

Figure 6 - 'How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to continue offering expectant mothers breastfeeding advice and support in the antenatal period?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 126 | 69% |
| Agree | 34 | 19% |
| Neither agree nor disagree | 4 | 2% |
| Disagree | 8 | 4% |
| Strongly disagree | 9 | 5% |
| Don't know | 1 | 1% |
| Respondents | 182 | |

3.7 Question 7

73% of respondents agreed or strongly agreed with proposals for antenatal support around breastfeeding to be offered as a group contact unless there is a specific need for 1-2-1 appointments. 13% of respondents disagreed, and 6% strongly disagreed. (Figure 7).

Figure 7 - 'How strongly do you agree or disagree with proposals for antenatal support around breastfeeding to be offered as a group contact unless there is a specific need to offer this contact as a 1-2-1 appointment?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 61 | 34% |
| Agree | 71 | 39% |
| Neither agree nor disagree | 14 | 8% |
| Disagree | 23 | 13% |
| Strongly disagree | 10 | 6% |
| Don't know | 2 | 1% |
| Respondents | 181 | |

3.8 Question 8

95% of respondents agreed or strongly agreed with proposals to offer all breastfeeding mums a face-to-face contact with the Healthy Family Peer Support Worker at 2-4 days, with 71% of those strongly agreeing (Figure 8).

Figure 8 - 'How strongly do you agree or disagree with proposals for the Derbyshire Health Families service to offer all breastfeeding mums a face-to-face contact with the Healthy Family Peer Support Worker at 2-4 days?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 130 | 71% |
| Agree | 44 | 24% |
| Neither agree nor disagree | 4 | 2% |
| Disagree | 2 | 1% |
| Strongly disagree | 2 | 1% |
| Don't know | - | 0% |
| Respondents | 182 | |

3.9 Question 9

50% of respondents agreed or strongly agreed with proposals to stop delivering routine contacts to all mums between 4 and 16 days and offer additional support based for those that require additional support to sustain breastfeeding between 4 and 14 days. 41% of respondents disagreed or strongly disagreed (Figure 9).

Figure 9 - 'How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to stop delivering routine contacts to all mums between 4 and 16 days and offer additional support based for those that require additional support to sustain breastfeeding between 4 and 14 days?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 35 | 19% |
| Agree | 55 | 31% |
| Neither agree nor disagree | 16 | 9% |
| Disagree | 30 | 17% |
| Strongly disagree | 43 | 24% |
| Don't know | 1 | 1% |
| Respondents | 180 | |

3.10 Question 10

59% of respondents disagreed or strongly disagreed with proposals to stop delivering weaning groups. 19% of respondents agreed or strongly agreed, and 20% neither agreed nor disagreed (Figure 10).

Figure 10 - 'How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to stop delivering weaning groups?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 13 | 7% |
| Agree | 21 | 12% |
| Neither agree nor disagree | 37 | 20% |
| Disagree | 53 | 29% |
| Strongly disagree | 54 | 30% |
| Don't know | 4 | 2% |
| Respondents | 182 | |

3.11 Question 11

87% of respondents agreed or strongly agreed with proposals to continue offering support during the weekend, with 52% of those strongly agreeing. 5% of respondents disagreed or strongly disagreed (Figure 11).

Figure 11 - 'How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families Service to continue offering support during the weekend?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 95 | 52% |
| Agree | 63 | 35% |
| Neither agree nor disagree | 13 | 7% |
| Disagree | 4 | 2% |
| Strongly disagree | 5 | 3% |
| Don't know | 1 | 1% |
| Respondents | 181 | |

3.12 Question 12

60% of respondents strongly agreed with proposals to continue offering a live chat function to offering information and advice to breastfeeding clients. 28% agreed and 4% disagreed or strongly disagreed (Figure 12).

Figure 12 - 'How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to continue offering a live chat function to enable breastfeeding clients to gain information and advice around breastfeeding?'

| | Count | % |
|----------------------------|-------|-----|
| Strongly agree | 110 | 60% |
| Agree | 51 | 28% |
| Neither agree nor disagree | 14 | 8% |
| Disagree | 5 | 3% |
| Strongly disagree | 1 | 1% |
| Don't know | 1 | 1% |
| Respondents | 182 | |

3.13 Demographics of respondents

The questionnaire asked a set of demographic questions. 99% of respondents were female and 98% of respondents reported the gender they identified with was the same as their sex registered at birth. 2% of respondents considered themselves disabled and 50% of those had disability affecting mobility and/or hearing. Most respondents (97%) reported to be White English, Welsh, Scottish, Northern Irish or British.

60% of respondents reported to have children of pre-school age, and 58% had children of school age.

Figure 13 - 'Are you:'

| | Count | % |
|-------------|-------|-----|
| Female | 178 | 99% |
| Male | 2 | 1% |
| Respondents | 180 | |

Figure 14 - 'Is the gender you identify with the same as your sex registered at birth?'

| | Count | % |
|-------------------|-------|-----|
| Yes | 177 | 98% |
| No | - | 0% |
| Prefer not to say | 4 | 2% |
| Respondents | 181 | |

Figure 15 - 'A disabled person is someone who has a physical or mental impairment which has a substantial and long term adverse effect on their ability to carry out normal day-to-day activities. Do you consider yourself disabled?'

| | Count | % |
|-------------|-------|-----|
| Yes | 4 | 2% |
| No | 175 | 98% |
| Respondents | 179 | |

Figure 16 - 'If you do consider yourself disabled, what type of disability do you have?'

| | Count | % |
|-------------------------------|-------|-----|
| Disability affecting mobility | 2 | 50% |
| Disability affecting hearing | 2 | 50% |
| Disability affecting vision | - | 0% |
| A learning disability | 1 | 25% |
| Other | - | 0% |
| Respondents | 4 | |

*Respondents could select more than one option

Figure 17 - 'What is your ethnic group?'

| | Count | % |
|---|-------|-----|
| White English, Welsh, Scottish, Northern Irish or British | 173 | 97% |
| Other White Background | 4 | 2% |
| Mixed or Multiple ethnic groups | - | 0% |
| Asian or Asian British | - | 0% |
| Black, Black British Caribbean or African | 2 | 1% |
| Other ethnic group | - | 0% |
| Respondents | 179 | |

Figure 18 - 'Do you have any children of pre-school age?'

| | Count | % |
|-------------|-------|-----|
| Yes | 106 | 60% |
| No | 71 | 40% |
| Respondents | 177 | |

Figure 19 - 'Do you have any children of school age?'

| | Count | % |
|-------------|-------|-----|
| Yes | 103 | 58% |
| No | 75 | 42% |
| Respondents | 178 | |

4 CONCLUSION

This consultation reports that most respondents agreed with proposals that the Derbyshire Healthy Families Service continue to give advice and support to all mums. Proposals to stop delivering routine contacts to all mums between 4 and 16 days received mixed support, and most respondents disagreed with proposals to stop the service delivering weaning groups.

5 APPENDIX 1 – QUESTIONNAIRE (ONLINE)



Infant and toddler nutrition consultation

Derbyshire County Council and Derbyshire Community Health Service's NHS Foundation Trust are seeking views on the proposed changes to the Derbyshire Healthy Families service that offers support around breastfeeding and wider elements of infant and toddler nutrition using a peer support model. Further information on the current Derbyshire Healthy Families service and the proposed changes to this service can be found on this survey's **'Have Your Say'** page.

This questionnaire should take no longer than 15 minutes to complete. If you have any questions or would like a paper version of this questionnaire, please contact Jamie.Dix@derbyshire.gov.uk.

Please click below to begin the survey. In doing so, you agree to participate in the survey and to the use of your survey responses as described in our privacy statement, this can be accessed here. If you do not wish to participate in the survey, please close your browser.

I agree to take part in the survey

Q1 **Are you answering this questionnaire as:** *(Please select all that apply)*

- A Derbyshire resident
- A Derbyshire business owner
- A person who works in Derbyshire
- A representative of a local group/organisation
- Other

If you are answering on behalf of a local group/organisation please provide the name below:

If 'Other', please specify:

Q2 **Do you work for any of the following:** (Please select all that apply)

- An NHS organisation
- Derbyshire County Council, or a local district/borough council
- An Early Years setting
- A school
- Other
- None of the above

If 'Other', please specify:

Q3 **Have you used the Derbyshire Healthy Families at any time during the past 5 years?**

- Yes No Not sure

Q4 **Has a close family relative or friend of yours used the Derbyshire Healthy Families service in the past 5 years?**

- Yes No Not sure

Proposed changes

The following questions will help us understand how much you agree or disagree with the proposed changes.

Q5 **Are you currently accessing or have accessed the Derbyshire Healthy Families service in the past 3 years?**

- Yes No Not sure

Q6 **How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to continue offering expectant mothers breastfeeding advice and support in the antenatal period?**

- | | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q7 How strongly do you agree or disagree with proposals for antenatal support around breastfeeding to be offered as a group contact unless there is a specific need to offer this contact as a 1-2-1 appointment?

| | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q8 How strongly do you agree or disagree with proposals for the Derbyshire Health Families service to offer all breastfeeding mums a face-to-face contact with the Healthy Family Peer Support Worker at 2-4 days?

| | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q9 How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to stop delivering routine contacts to all mums between 4 and 16 days and offer additional support based for those that require additional support to sustain breastfeeding between 4 and 14 days?

| | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q10 How strongly do you agree or disagree with proposals for the Derbyshire Healthy families Service to stop delivering weaning groups?

| | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q11 How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families Service to continue offering support during the weekend?

- | | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q12 How strongly do you agree or disagree with proposals for the Derbyshire Healthy Families service to continue offering a live chat function to enable breastfeeding clients to gain information and advice around breastfeeding?

- | | | | | | |
|-----------------------|-----------------------|----------------------------|-----------------------|-----------------------|-----------------------|
| Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree | Don't know |
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Please use the box below to make any comments relevant to your answer

Q13 Are there any comments you wish to make in relation to this consultation and the changes proposed to the Derbyshire Healthy Families Service?

About you

The following are optional and you can complete a survey without answering any of these questions. They help us understand the views of different demographic groups and of people living in different areas of Derbyshire.

Are you:

Male

Female

Is the gender you identify with the same as your sex registered at birth?

- Yes No Prefer not to say

If **'No'**, please write in gender identity:

A disabled person is someone who has a physical or mental impairment which has a substantial and long term adverse effect on their ability to carry out normal day-to-day activities. Do you consider yourself disabled?

- Yes No

If you do consider yourself disabled, what type of disability do you have? (Please select all that apply)

- Disability affecting mobility Disability affecting hearing
 Disability affecting vision A learning disability
 Other

If **'Other'**, please specify:

What is your ethnic group?

- White English, Welsh, Scottish, Northern Irish or British Other White background
 Mixed or Multiple ethnic groups Asian or Asian British
 Black, Black British Caribbean or African Other ethnic group

If **'Other'**, please specify

Do you have any children of pre-school age?

- Yes No

Do you have any children of school age?

- Yes No

Thank you for completing this questionnaire